

Dear \_\_\_\_\_,

I am participating in the Three Notch Century, a 100-mile bike ride in the White Mountains to benefit Northeast Passage.

In addition to raising money to support Northeast Passage's adaptive sports programs, I have agreed to be a team captain and I am hoping you will join my team!

Northeast Passage is a program of the University of New Hampshire's College of Health and Human Services, and is an affiliate of Disabled Sports USA. Northeast Passage develops and delivers innovative, barrier-free recreation and health promotion programs.

The Three Notch Century is a great event – filled with plenty of challenging terrain, support, socializing and great people. If you are interested in joining my team, you can register at [www.firstgiving.com/nepassage](http://www.firstgiving.com/nepassage) or visit [www.threenotchcentury.org](http://www.threenotchcentury.org) for more information. Our team name is: *[insert team name]*.

If you have any questions, you may contact me at: *[insert email]* or *[insert phone number]*. You can also contact Northeast Passage directly at 603-862-0070 or [northeast.passage@unh.edu](mailto:northeast.passage@unh.edu).

I hope you will join me for the Three Notch Century!

Thank you,

*[Your Name]*

P.S. If you would rather, you can support my ride by making a tax-deductible donation through my personal fundraising page: *[insert URL]*. You can also send checks payable to Northeast Passage, 4 Library Way, Durham, NH 03820.